



The

# Phoenix Metro LION

District 21A

August/September 2010

The Official  
Newsletter of the  
Phoenix Metro Lions Club



*"Where We Believe Children's Future Comes First."*

## Monsoon 2010



Lions Cinda Gerhauser and Van Johnson display the new banner.



## 2009-2010

### INTERNATIONAL OFFICERS INTERNATIONAL PRESIDENT

LION SID L. SCRUGGS III  
DISTRICT GOVERNOR 21A

LION ARTHUR C. DOWNS  
CLUB OFFICERS  
PRESIDENT

LION ELMER PAINE

FIRST VICE PRESIDENT

LION DOUG HARMON

SECOND VICE PRESIDENT

LION PAT DE HAAN

THIRD VICE PRESIDENT

LION CINDA GERHAUSER

SECRETARY

LION KAREN PRYCE

TREASURE

LION MARK BIAS

TAIL TWISTER

LION RON GRESLY

LION TAMER

LION FRED GERHAUSER

DIRECTOR 2 Yr.

LION CARLA LAMBERT

DIRECTOR 2 Yr.

LION KAREN HARMON

DIRECTOR 1 Yr.

LION BILL KELLS

DIRECTOR 1 Yr.

LION DAVE PRYCE

MEMBERSHIP CHAIRMAN

LION BRUCE ELSASSER

IPP

LION KAREN BUCKLES

PAST DISTRICT GOVERNORS

PDG LION FORREST HICKMAN

1993-94 21A

PDG LION RICHARD RODRIGUEZ

1994-95 21C

CLUB LIFE MEMBER

PDG LION FORREST HICKMAN

LION HENRY KUSPERT

## WE'RE BACK!

### BIGGER AND BETTER THAN EVER!

Greetings Fellow Lions

As our summer hiatus is wrapping up we are looking forward to our regular club meeting schedule that begins on Tuesday, September 14. However, just because we have been on hiatus, it doesn't mean the work hasn't continued. A lot of hard work has occurred this summer. I would like to recap the high points.

Lion Cinda and her team has been hard at work on the upcoming Ugly Old Ladies Carwash which is planned for October 23. The Pathways to Reading team has already held several book fairs in July and August. Lion Pat (Santa) has been busy rounding up toys and support for the Christmas Project. Lion Henry and the Finance Committee has worked out a budget plan for this year. So, as you can see, a lot of folks have been busy all summer.

So, as we approach the start of our regular club year, I am looking forward to the many opportunities we will have this year to help people in need and to make life a little better for people in our community. I am looking forward to seeing the faces of the thousands of kids as they get to meet "Santa". I am looking forward to being a part of preparing and delivering Christmas "baskets" to many dozens of families, making their Holiday Season a little more joyous. I am looking forward to being part of the effort to raise money that will be used to support research and prevention of breast cancer. I am looking forward to helping make it possible for many people to be able to see again.

The preceding makes it appear that all that matters is what I am looking forward to. Fact is, my belief is that each and every one of us probably feels the same way. Each of us are looking forward to the good feelings that we know are going to come from being a part of all the great things the Phoenix Metro Lions Club is going to accomplish this year. Each of us are looking forward to the fellowship of working together and pooling our individual talents, efforts, and resources together for the common good.

Is it selfish and self-serving to want to feel good about helping others? You bet it is! Is it wrong to feel that way? Certainly not. We need not apologize to ourselves or anyone for feeling good about we do. If

anything, we need to invite others to join with us so they can also experience the good feelings and sense of fulfillment that comes from helping others.

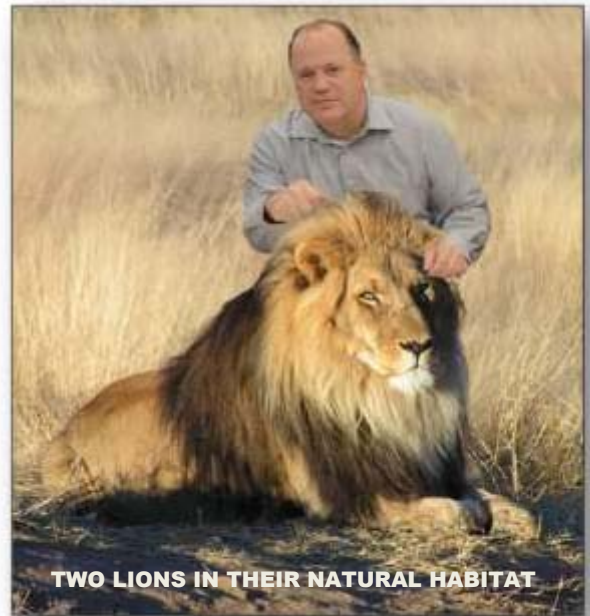
When we don't invite others to join us, when we pass up opportunities to reach out to prospective new members, we are also being selfish inasmuch as we are not giving them the opportunity to share in and experience the fellowship we know as LIONS. Service takes many forms. It is my belief one service we can provide is to offer our families, friends, and associates the opportunity to join us and to share in the feeling of satisfaction and accomplishment that we all experience as LIONS.

Again, I take this opportunity to challenge each and every Phoenix Metro Lion to share this wonderful experience with at least one other person this year by sponsoring them as new LIONS.

See you on September 14th.

**Lion Elmer P.**

President 2010-2011



## The Phoenix Metro Lions Club

# Ugly Old Lady Car Wash

AS SEEN ON TV



All Proceeds Support Local Charities!

**Mark your calendars; dust off your dancing shoes, dry clean your dresses, powder your wigs, and stock up on lipstick!**





**MEETING CHANGE:** We now meet on the 2nd, 3rd and 4th Tuesday's of each month at 7:00 PM at Denny's, 2717 W Bell Rd, Phoenix, AZ 85053

**HELP!!! THE ELF BOUTIQUE IS RUNNING LIGHT**

I know it is 110 degrees but let's start thinking cool and actually cold and get some things going for the Elf Boutique. We really only have three months to go. Do you have an idea? SHARE IT! Do you want to help make things. TELL ME! Do you want to donate money or items. YEA!!! How about bringing in your MICHAEL'S, JOANN AND HOBBY LOBBY coupons. We will do the shopping for you. We can use more soap, shampoo, conditioner and lotion samples from hotels.



So far we have about 500 gifts for the Elf Boutique. Our goal is 1600 or more. We are making bracelets, necklaces, hair ornaments, key chains, notepad holders, pin cushions and Suncatchers. Any other ideas are fantastic.

Remember: Gift for Mom - Under \$1.00 Gift for Dad - About \$1.00 Smile on Child's face - PRICELESS

Help in any way you can. The Lion Karen P. ([pryceone@aol.com](mailto:pryceone@aol.com)) ~~~~~



Believe it or not we're short of books for our Pathways to Reading Project. We have enough for a few more book fairs but we need to replenish the shelves. If you haven't had the opportunity to help at a Book Fair you are missing one of the most fulfilling experiences I've ever had.

When a child hugs his book and refuses to put it down you know how important our effort is. Many of these kids think they have to return the book and are overwhelmed when they find out that it is theirs to keep FOREVER.

After picking out books many of the kids are seen sitting on the floor starting to read. Books and children go hand in hand and we need your help to keep this very important project going. ~~~~~

**Henrietta Says -**

There were 48 boxes delivered to Lions Sight and Hearing for the month of August. A total of 12 man hours were spent in collecting and delivery. Also, there were five students and one Desert Storm Vet eyeglass referrals made during the month of August. We have 500+ glasses previously collected plus an additional 270 pair that were not reported last month.



## CHRISTMAS FOR THE TROOPS

Clubs wishing to be involved in Christmas for the Troops need to begin their planning now. You can either put together your own items or ship yourselves to the addresses we provide you or the Parker Lions will accept both items or monetary donations.

The Parker Lions have shipped over 6,000 lbs that's three tons worth of items to the troops. Last year 28 Marines from 29 Palms stationed in Iraq each received a gift box from us. This is the only mail that these Marines received during their year deployment. In each and every box there was a slinky. The Marines are back at 29 Palms and so are the slinkys. We have been told that each Marine carried his or her Slinky into the field with them. The Slinkys never left their side. Their weapon and their Slinky. This year we are also sending good old American Water Balloons for water fights. This is in addition to the Slinky again this year.

We need your help this year. It is twelve dollars and fifty cents to send each box. We anticipate 350 boxes this year. You can add it up.

We sent 22 boxes of baked goods this 4th of July to let them know that we realize that were it not for the military we might be celebrating a German Holiday or Russian Holiday. Our boxes arrived four days early. Forward Operating Base Wilson was under attack and could not receive our shipment. Well, on July 4th a C-47 Helicopter arrived at FOB Wilson with our boxes. One additional box contained dog biscuits and dog toys for their K-9 unit.

Lets one and all show that the Lions recognizes and Honors our sons, daughters, brothers, sisters, moms and dads serving in the war zone. For less than a trip to McDonalds you can send a box to Afghanistan. Yucca Arizona has shipped six boxes of books to Afghanistan this 4th of July.

We have begun to collect items. We are now a 501c3 and your contributions are tax deductible. We accept checks, cash, money orders, aluminum cans or whatever else brings in money for shipping. One hundred percent of your donations go to THE TROOPS AND ONLY THE TROOPS, if you don't count what the Postal Service gets out of it.

Start your donations now.

### Lion Bill Risen

Parker Lions, President  
Lion Barbara Risen  
Founder of Christmas for the Troops  
P.O. Box 5385 Parker Arizona 85344



# FROM THE NURSE'S CORNER

This cake has 0 grams of fat (yes, you read that right), and contains beta-carotene and fiber, which fight cancer. Eating dessert has never been so good for you.



## Orange Angel Food Cake with Fruit Compote

- 1 1/2 cups egg whites (10 to 12 large)
- 1 teaspoon cream of tartar
- 1 1/3 cups extra-fine granulated sugar
- 1 tablespoon finely shredded orange peel
- 1 cup sifted cake flour
- 1 1/3 cups water
- 2 6- or 7-ounce packages dried apricots, halved
- 1 cup dried cranberries
- 2/3 cup orange juice
- 1/3 cup granulated sugar
- 2 inches stick cinnamon
- 1/2 teaspoon vanilla
- 1/4 teaspoon almond extract



In an extra-large bowl allow egg whites to stand at room temperature for 30 minutes. Add cream of tartar to egg whites. Beat with an electric mixer on medium speed until soft peaks form (tips curl). Gradually add the 1 1/3 cups extra-fine sugar, about 2 tablespoons at a time, beating until stiff peaks form (tips stand straight).

Sprinkle orange peel over beaten egg whites. Sift about one-fourth of the flour over beaten egg whites; fold in gently. Repeat, folding in the remaining flour by fourths. Pour batter into an ungreased 10-inch tube pan. Gently cut through batter to remove any large air pockets.

Bake on the lowest rack in a 350° oven about 40 minutes or until top springs back when lightly touched. Immediately invert cake (leave in pan); cool thoroughly. Loosen sides of cake from pan; remove cake.

Meanwhile, for compote, in a medium saucepan combine water, apricots, cranberries, orange juice, the 1/3 cup sugar, the cinnamon, vanilla, and almond extract. Bring to boiling; reduce heat. Simmer, covered, for 10 minutes. Remove from heat. Discard cinnamon. Transfer the compote to a serving bowl. Serve warm or cool over cake slices..

### Nutrition facts per serving:

257 calories  
5g protein  
3g fiber  
61g carbohydrate  
0g fat

## Greek Yogurt with Oranges and Mint

- 6 tbs. fat-free Greek yogurt
- 1 1/2 tsp. honey
- 1 large orange, peeled, quartered and sliced crosswise
- 4 fresh mint leaves, thinly sliced

Stir together the yogurt and honey. Spoon yogurt mixture over the orange slices; scatter mint on top

### Nutrition facts per serving:

171 calories  
11g protein  
34g carbohydrate  
5g fiber  
0g fat



**ENJOY !!!!!!!**



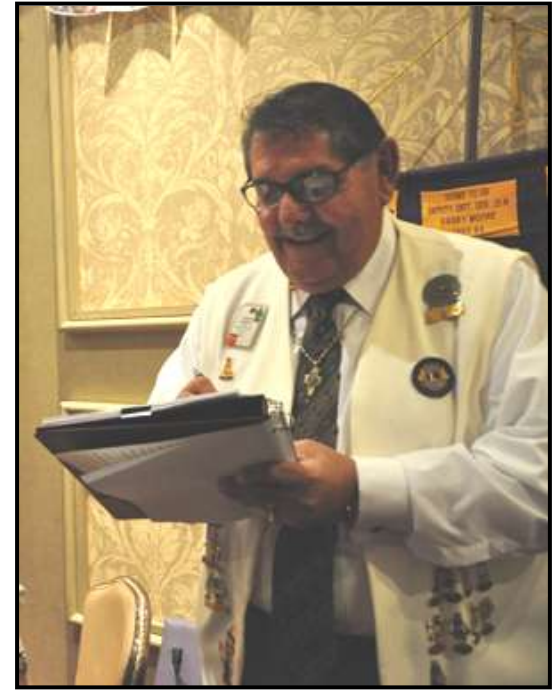
**DELICIOUS**



Here are some more pictures from the Awards Banquet. Thanks to Kathy Paine.

# Pride












# HAVE YOU RE-COMMITTED TO LIONS

About Lions | Becoming a Lion | The Foundation | Our Work | Our Impact | News and Events | Member Center

Planning Projects | Membership and New Clubs | Managing a Club | Managing a District | Leadership Development | Resources | Online Community

Home > Member Center > Membership and New Clubs > Strengthen Membership > Global Membership Team > President's Theme > Service Commitment Pledge

## Service Commitment Pledge

 Printer Friendly

**The Beacon Awards**

**Global Service Action Campaigns**

**Service Commitment Pledge**

**Pledge Commitments**

Lions share a long history of service. As the world's global leader in community service, we are the example of how one organization – with members working together – can make a huge impact.




With all we have accomplished, there is still so much Lions can do to bring light where there is darkness and despair. We are a beacon of hope.

**Service Commitment Pledge**

I commit myself to service to help shine our light brighter than ever and make a difference in someone's life this year.

Join President Scruggs in signing the pledge to:

- Support and participate in your Lions club's service activities to the extent you are able.
- Invite friends, colleagues and community members to participate in one or more of your Lions club's service projects.

Share This:   

Name

Club Name

City

State/Country

E-mail (optional)

Comment (optional)

Declare your commitment to Lions ideal of service and invite fellow Lions to do the same! Join President Scruggs in pledging to "support and participate in your Lions club's service activities and to make a difference in someone's life this year." Add your name to the growing list of members who know that their personal efforts can bring light where there is darkness and despair, and that by working together, Lions can have a huge impact on the entire world. **Go to this web site to register:**  
<http://lionsclubs.org/EN/member-center/membership-and-new-clubs/strengthen-membership/global-membership-team/presidents-theme/service-commitment-pledge.php>

**Sign the Pledge now!**



## STAND UP AND BE COUNTED!



2010 - 2011  
Council

CC Ralph Williamson  
DG Mike Kenny, Vice CC  
DG Carl Johannesen, Secy.  
DG Art Downs, Treas.

21 A

DG Art Downs  
1<sup>st</sup> VDG Debbie Vine  
2<sup>nd</sup> VDG Gary White  
IPDG Ann Roberts

21 B

DG Carl Johannesen  
1<sup>st</sup> VDG Chip Kline  
2<sup>nd</sup> VDG Karen Sell  
IPDG Jim Brotherton

21 C

DG Mike Kenny  
1<sup>st</sup> VDG Wes Edmonds  
2<sup>nd</sup> VDG Carolyn White  
IPDG Phil Phillips

ACTIVE  
INTERNATIONAL  
DIRECTOR

Richard Sawyer

ACTIVE PAST  
INTERNATIONAL  
DIRECTORS

PID Dave Roberts  
PID Joe Preston  
PID John Walker

**Multiple District 21**

Lions Clubs International  
3930 W. Camino Acequia, Phoenix, Arizona 85051  
(623) 773-9170 Fax (623) 934-1052

Dear Lions:

The MD-21 Council of Governors is re-establishing the MD-21 Long Range Planning Committee (LRPC). As an active Lions who may be interested in serving or possibly nominating other Lions to serve, the Council would like to share information from the MD-21 Procedures Manual (attached) and our expectations for this committee.

We view this committee as a window into the future of Lionism in all of Arizona. Many of the potential subjects the committee could look at are already being addressed, such as the MERL and IT areas for instance. Our hope is that your committee will interface with the MERL and other existing MD efforts to learn what is currently being done, future plans existing and then expand upon those efforts using your knowledge of future trends and the demographic challenges we face. We will appoint an experienced Lion as a non-voting advisor to ensure that unnecessary pitfalls may be avoided and Lions' principles are being addressed

While being a futurist can be exciting, the LRPC proposals must be grounded in reality and probability. To that end, the Council expects a planning document / goals accompanied by realistic and achievable methods to achieve those goals. Some plans promise big things (blue sky) with no action plan for achievement other than appointing a committee to figure out how to do it. Our additional hope is that the committee members will personally continue on into the implementation phase and see their own plans realized, if adopted.

Applications for appointment to the LRPC should include a brief professional and Lionistic biography, as well as any experience that may be relative to the process. Applications should be addressed to DG Carl Johannesen by email ([lioncarljo@aol.com](mailto:lioncarljo@aol.com)) or to 1413 Leisure World, Mesa, AZ 85206, and received by ~~August 23, 2010~~ **SEPTEMBER 17th.**

**WE SERVE™**

## USA-Canada Forum

Are you attending the USA-Canada Forum - September 23 - 25, 2010 in Milwaukee, Wisconsin? The Lions Clubs International Extension & Membership, Service Activities, Information Technology, Convention, Legal, and the Lions Clubs International Foundation staff will be there and we invite you participate in our seminars and/or visit with us at our booths.

Learn more about what Lions Clubs International office has to offer. Staff will be available to answer your questions.

We look forward to seeing you there.

Sincerely,

*Sue Haney*



### **Extension and Membership and the Global Membership Team**

Come visit the Extension & Membership booth where we will have information on extension (new club) workshops, Club Excellence Process, and the Global Membership Team (GMT). Over the three days, Extension Consultants and GMT Leaders will also be at the booth for you to visit with. We will also be giving out free Lions Wallet Magnifiers while supplies last.

### **Service Activities**

Be sure to attend the Lions Environmental Programs seminar to learn more about the resources that are available to clubs to plan and implement environmental service activities. We will also provide an overview of the newly redesigned service activity report during the "Find Your Way through LCI Information Technology" seminar. The service activity report is an exciting new way to measure the impact of Lions service to their communities and an opportunity for clubs to share information about their projects with other clubs. The seminar will include a demonstration of the new system and an opportunity to ask questions and provide feedback.

### **Information Technology**

A representative from the Information Technology division will be at the Extension & Membership booth and will be able to assist you with questions related to using the web to submit membership and service activity reports. You're also welcome to attend their seminar on Friday at 2:00 pm, "Find Your Way through LCI Information Technology", for a demonstration on how to use WMMR and the new service activity report, and to share your ideas and recommendations for the future of WMMR.

### **Convention**

Convention schedule of events, registration, hotel information and a sweet treat await you at the LCI International 2011 Seattle Convention booth. Stop by our booth to find out more about the association's only International event.

### **Legal**

Important information on updated legal issues including the newly revised Standard Form Club, District and Multiple District Constitution and By-Laws, Global Insurance Program, Lions Clubs International trademarks, foundations and corporate formation and liability issues will be available at our booth. In addition, make sure to attend our informative seminar "Lions and the Law" which be offered on Friday and Saturday.

The Legal Division is also pleased to announce that CT Corporation, the industry leader in legal services, will be attending the Forum and will be available to answer your inquiries regarding forming a foundation, serving as registered agent as well as the completion of any other necessary filings at your Secretary of State office at a substantial savings.

### **Lions Clubs International Foundation**

Discover Lions Clubs International Foundation (LCIF) at the Milwaukee Forum. LCIF will have a booth in the exhibit hall where Lions can learn more about humanitarian initiatives, pick-up educational and promotional materials, and make a donation to support the Foundation's work. In addition, there will be seminars on LCIF, Lions Quest and for the Multiple District and District Coordinators. The grand prize winner of Lions Quest's first-ever Educator of the Year will be recognized at the luncheon on Saturday, September 25. For more information about LCIF, visit [www.lcif.org](http://www.lcif.org).



**Phyllis Cox**  
3/29/31 - 8/29/10

### **REMEMBERING PHYLLIS**

Phyllis Iona Cox was born on March 29, 1931 and found her peace on August 29, 2010. Phyllis had a passion and love for quilting, jeeping and camping. With every quilt she created it was full of love and had a story behind it. At Christmastime, Phyllis volunteered at the Homeless Christmas Tree Celebration, helping homeless and impoverished children wrap the presents they had selected to give to their families. She loved doing this because she knew that Christmas was all about giving. And so was Phyllis. She is survived by her husband Joseph Charles Cox of forty one years, their six children, nineteen grandchildren and fifteen great grandchildren. She is also survived by her seven siblings. Phyllis will be greatly missed by her family and friends.



*"Until We Meet Again..."*



## LION'S SIGHT AND HEARING FOUNDATION

**(602) 954-1723**

Lion's Sight and Hearing Foundation  
3427 N. 32nd Street  
Phoenix, AZ 85018

## The Annual Phoenix Metro Lions Club Golf Tournament



## Lion Forrest Hickman's PATHWAY TO READING

*Every Child Should  
Have Books!*

480-905-8297



**Lions Foundation of Arizona, Inc**  
**1016 North 32nd Street Suite 5**  
**Phoenix, Arizona 85008**

**Office - 602-244-9758**  
**Toll free - 1-800-246-9771**  
**Fax 602-244-8667**

MELVIN JONES  
LIONS INTERNATIONAL  
MEMORIAL



FORT THOMAS, AZ, USA  
[HTTP://WWW.LIONS-MJM.ORG](http://www.lions-mjm.org)

**(928)-537-4781**



 **CANYON-STATE**  
*Lion*  
ARIZONA CALIFORNIA



**602-244-9758**  
1016 North 32nd Street, Suite 5,  
Phoenix Arizona 85008

**ARIZONA LIONS VISION CENTER  
ARIZONA MOBILE EYE UNIT**

*Special project of the Camelback Mountain Lions Club*



**CENTRAL OFFICE**  
1016 North 32nd Street #2  
Phoenix, AZ 85008-5100  
(602) 267-7573

**WESTSIDE OFFICE**  
9451 North 99th Avenue  
Peoria, AZ 85345-6999  
(623) 583-9340



The Phoenix Metro Lions



# Bulletin Board

Late arriving News & Information



## HOME SECURITY

Because sometimes a Rottweiler is not enough.

Lions of MD-21:

**SEE PAGE 13**

The response to the previous call for volunteers for the MD-21 Long Range Planning Committee was underwhelming. The Council is again sending a request for applicants for this important committee so that we may appoint this group and begin the task of plotting the future of Arizona (and Needles) Lionism.

The deadline for applications has been extended to September 17 to allow plenty of time to spread the word and energize potential Long Range Planners. (Those who have already applied need not do so again).

Please spread the word in your clubs and zones and let's find more Lions With Vision to help set our course!

MD-21 Council of Governors

[lioncarljo@aol.com](mailto:lioncarljo@aol.com)

**Deadline  
has been extended  
until September 17<sup>th</sup>**

## MEMORIAL SERVICE

There is a Memorial Service scheduled for Lion Coley Davis. It is to be held on Saturday, September 18 at 2:00 P.M. It will be held at the Central Methodist Church, 1875 N Central Phoenix.